



Unwrap Serenity: Boundary setting to transform formal & informal caregiving during the holidays and beyond.

Danbury Senior Living Virtual CEU Offering

Tuesday, December 5, 2023

12:00 p.m. - 1:00 p.m.

(please log on at 11:45 a.m.)

PROGRAM DESCRIPTION

Formal and informal caregivers and their families commonly experience less feelings of joy during the holiday season. Participants in this workshop will be able to identify how boundary setting can transform caregiving during the holidays and other times. The focus of the program will be about developing and implementing strategies to assist clients in caring for loved ones while reducing their own stress levels. Participants will gain valuable insights into the practical application of boundaries, effective communication, and coping strategies to create a more serene and manageable holiday experience for formal and informal caregivers and their families.

SCAN QR CODE TO REGISTER



A zoom link will be sent to you after registration. Please log in 15 minutes before program starts. Email Kelly Rose Stallard with any questions at RSVP@danburyseniorliving.com



PRESENTED BY:
Mary Harrison, CDP

Eldercare Professionals of Ohio, LLC is approved by the Ohio Counselor, Social Worker & Marriage & Family Therapist Board (Provider #RCS071003 for both Counselors and Social Workers) as a provider of Continuing Professional Education. Nurses may apply. Continuing Education Units if attending seminars by other approved boards.

YOU MUST BE VISIBLE ON CAMERA TO RECEIVE YOUR CERTIFICATE

If your computer does not have a camera, copy and paste the zoom link into your web browser on your cell phone or go to your app store and download the zoom app.

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